Phulkari/kantha embroidery: a contemporary exploration with Amarjeet Nandhra

Phulkari is an embroidery technique from the Punjab region and comes from 'Phul' (flower) and 'kari' (work) meaning floral work. Phulkaris were forms of ancestral maps, documenting the daily lives and social relationships of the makers. These textiles became visual diaries, full of symbolism and significance. Using your own drawings, or photographs, as inspiration you will work with Amarjeet on a contemporary exploration of Phulkari/ Kantha embroidery.



Amarjeet Nandhra is an artist and lecturer based in West London. Her work explores the narrative of the ordinary object within a social, economic and cultural setting. A defining characteristic of her creative practice is her passion for printmaking. Trained in Graphic Communication, she has also worked as an Art Director on various independent short films. Later Amarjeet went on to gain a First class BA (Hons) in Creative Arts. As a freelance tutor and lecturer, she has taught a range of courses; printmaking, mixed media and textiles, at Diploma level, City & Guilds, in Adult Education, schools and in the community. Currently she runs The Advanced Textile Workshop at Bracknell and Thame. Amarjeet also teaches at City Lit adult education centre in London. You can find more about Amarjeet's art and teaching at www.amarjeetnandhra.com

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